

**ULMSTEAD CLUB INC,
JUNIOR TENNIS TEAM**

PLAYERS CODE OF CONDUCT

PERSONAL BEHAVIOR

- I will not use drugs, alcohol or tobacco products prior to, and at, team practices and matches.
- I will not use abusive or offensive language or behavior (e.g., no swearing, no racket throwing, no smashing a ball in frustration)
- I will pay attention and be respectful to the coaches (e.g., no talking during demonstrations).
- I will be courteous and respectful to my teammates (no intentionally hitting a ball at another player)
- I will respect the facilities and equipment provided by Ulmstead and other match sites and not use them without permission, or damage them.
- I will respect the personal property of my coaches, my teammates and others.

PARTICIPATION

- I will learn the rules of the sport.
- I will do my best to attend all scheduled practices and matches, and will notify a coach, in advance, if I cannot attend.
- I will arrive at practice and matches prepared to play (i.e., with racquet, proper tennis shoes, shorts/skirt/skort with a pocket or a ball clip, and team t-shirt or other appropriate shirt).
- I will follow the instructions of the coaches (e.g., no “tanking” a drill).
- I will notify a coach immediately if I am not feeling well.
- I will notify a coach immediately if I have concerns about my safety or the safety of others.

SPORTSMANSHIP

- I will lead by example in demonstrating fair play and good sportsmanship.
- I will pay attention and be respectful to officials and referees. I will not publicly criticize them.
- I will be courteous to players, coaches and parents from other teams and conduct myself in a sportsmanlike manner at all times.
- I will play fairly and obey the rules of the sport at all times.

I understand that failure to comply with these rules may, in the coach’s discretion and depending on the seriousness or frequency of the offenses, result in a warning (with or without extra drills), penalty time-out, dismissal for the rest of the practice/match, and (in consultation with the Junior Tennis Team Manager(s), dismissal from the team. Parents will be notified in the event of serious or multiple infractions.

Player’s signature _____ Date _____

Parent’s signature _____ Date _____